THE TECHNIQUE OF TOTAL REMOVAL OF RESISTANCE

- The fusion of murderous rage (MR) or primitive murderous sadistic rage (PMR) and guilt is a dynamic pathogenic highly destructive system which we call major resistance.

- Our original discovery and subsequent extensive audio-visually recorded clinical research clearly demonstrates that optimum mobilization of the transference component of resistance (TCR) is a powerful dynamic system in the total removal of the major resistance.

- Optimum mobilization of TCR should be considered a powerful technique in Davanloo’s technique of major mobilization of the unconscious and intensive short-term dynamic psychotherapy.

- Extensive audio-visually recorded therapies in the treatment of panic; somatisation and functional disorders clearly demonstrate that the technique of optimum mobilization of TCR can rapidly and totally remove all the patient’s disturbances with 1-5 interviews with intensive short-term dynamic psychotherapy.

- Optimum mobilisation of the neurobiological pathways of murderous rage, guilt and sadistic murderous rage is the foundation of intensive short-term dynamic psychotherapy.

- Optimum mobilisation of the neurobiological pathways of guilt and actual experience of guilt in the transference is the foundation of Davanloo’s technique of total removal of resistance and intensive short-term dynamic psychotherapy.

- Davanloo’s research demonstrates that optimum mobilization of TCR protects both the therapist and the patient from the development of transference neurosis.

- In psychotherapy, the therapist is ethically responsible to protect his patient from the development of transference neurosis. This ethical responsibility can be achieved with optimum mobilization of the transference component of the resistance.
In Davanloo's technique of major mobilization of the unconscious, total removal of resistance and intensive short-term dynamic psychotherapy, the transference component of resistance is of paramount importance.

- The technique of total removal of resistance is the foundation of intensive short-term dynamic psychotherapy.

- The long-term research indicates that the transference component of resistance is a major dynamic system that protects both the patient and the therapist from the development of transference neurosis.